

Opioid Use in Pregnancy: 2018 and Beyond

April 13, 2018

8:45 am–4 pm

Novant Health Forsyth Medical Center
Conference Center
3333 Silas Creek Parkway
Winston-Salem, NC 27103

Program Overview and Objectives

This one day continuing professional development event will address rural challenges associated with opioid use and treatment during pregnancy. Effects of opioids on both mothers and infants will be discussed, along with community resources.



Register online at northwestahec.org/53193

Upon completion of the activity, participants should be better able to:

- Discuss the scope of opioid use during the pregnant and postpartum periods
- Explore challenges associated with neonatal abstinence syndrome
- Identify techniques to assist mothers who are breastfeeding their opioid dependent infants
- Recognize pharmacological considerations for patients who are dependent upon opioids
- Create action steps to assist families struggling with opioid addiction

Who Should Participate

This activity is planned for physicians, nurses, nurse practitioners, physician assistants, pharmacists, social workers, counselors, psychologists, health educators and all other health care professionals interested in opioid use and pregnancy.

Credits

- 5.75 Contact Hours from Northwest AHEC
- 0.575 CEUs from Wake Forest School of Medicine
- The Wake Forest School of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Application for 5.75 contact hours of Substance Abuse Specific credit from the North Carolina Substance Abuse Professional Practice Board. **Determination of credit is pending.**
- 5.75 Contact Hours of (Category A) continuing education for North Carolina psychologists.
- 5.75 NBCC Contact Hours. Northwest AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5465. Programs that do not qualify for NBCC credit are clearly identified. Northwest AHEC is solely responsible for all aspects of the program.
- 5.75 Continuing Nursing Education (CNE) Contact Hours
Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
(#AP006-180413)
Participants must attend the entire activity and complete the online evaluation to receive credit.
No partial credit will be awarded.
 - This program will provide 5.75 contact hours of continuing pharmacy education credit.



ACPE# 0046-9999-18-016-L01-P

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

AHEC Faculty Coordinator:

Sheila Bogan, MPH, MCHES®, CFD

Dental and Pharmacy Coordinator

Northwest AHEC

No partial credit will be offered for this program.

Continuing Education Credit: To receive CE credit, participants must preregister and acknowledge their attendance by signing in at the beginning of the program. Participants must attend 100 percent of the program

Important new requirement from the Accreditation Council for Pharmacy Education (ACPE) and the National Association of Boards of Pharmacy (NABP) for all pharmacists and technicians who obtain CPE credit. The CPE Monitor system will securely track all your completed CPE credits in a central system. Learn about the new requirement at www.nabp.net.



Jointly provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and part of the NC AHEC System, and the University of North Carolina Eshelman School of Pharmacy.



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

Faculty

Sherri Diane Arndt MSN, APRN, NNP-BC

Neonatal Nurse Practitioner
Catawba Valley Medical Center
Hickory, N.C.

J. Morgan Denney MD, MS, FACOG

Assistant Professor
Obstetrics and Gynecology
Section of Maternal-Fetal Medicine
Wake Forest School of Medicine
Winston Salem, N.C.

Andrea S. Fernandez, MD, FACOG

Associate Professor and Section Head
Obstetrics and Gynecology
Wake Forest School of Medicine
Winston Salem, N.C.

Melissa L. Godwin, LCSW

Clinical Assistant Professor
Behavioral Health Springboard
School of Social Work
University of North Carolina
Chapel Hill, N.C.

Penni Huffman DNP, APRN, NNP-BC

Neonatal Nurse Practitioner
Catawba Valley Medical Center
Hickory, N.C.

Jerry McKee Pharm. D., M.S., BCPP

Clinical Pharmacy Specialist - Psychiatry
Mission Health System
Asheville, NC

Paula M. Sisk PhD, RD, LDN, IBCLC

Lactation Consultant
Novant Health Forsyth Medical Center
Winston-Salem, N.C.



Agenda

Friday, April 13, 2018

- 8:15 am **Registration and Breakfast**
- 8:45 am **Welcome and Overview**
Andrea S. Fernandez, MD, FACOG
- 9 am **Scope of Opioid Use During Pregnancy**
J. Morgan Denney, MD, MS, FACOG
- 10:15 am **Break**
- 10:30 am **Neonatal Abstinence Syndrome and Neonatal Challenges**
Diane Arndt, MSN, APRN, NNP-BC
Penny Huffman, DNP, APRN, NNP-BC
- 11:30 am **Breastfeeding the Opioid Dependent Infant**
Polly Sisk, PhD, RD, LDN, IBCLC
- 12:15 pm **Lunch (provided)**
- 1:15 pm **Pharmacological Considerations with Opioid Dependence**
Jerry McKee, PharmD, MS, BCPP
- 2:30 pm **Break**
- 2:45 pm **Opioid Dependence: Social Work Perspectives**
Melissa L. Godwin, LSW
- 4 pm **Adjourn**

Location

Novant Health Forsyth Medical Center Conference Center

3333 Silas Creek Parkway
Winston-Salem, NC 27103

Cost and Registration

\$90- registration fee per person

Registration fee includes instructional and administrative costs, certificate of completion, program materials, continental breakfast and lunch.

Register and pay online at northwestahec.org or complete and return the attached registration form.

Payment by credit card (Visa, MasterCard, American Express) is accepted online. Cash, money order, personal check, corporate check or WFBMC internal transfer is accepted in person or by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment prior to the event date.

Refund Policy:

Cancellations received in our office at least two days prior to the activity will result in a charge of \$50.00, or 30 percent of the paid registration fee, whichever is less. The registration fee will not be refunded if a cancellation is received less than two days before the activity. You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda.

Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Mary Brogdon at 336-713-7757 or email mbrogdon@wakehealth.edu to verify the status of your registration.

Note— Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations. If you do not wish to be photographed, you may opt out of photographs the day of the activity.

Handouts

Handouts will not be printed for this activity. Handouts will be available online at the web address below on Monday, April 9, 2018, after 4 pm. Login under "My CE Profile," and click on this event title. You may access handouts for up to two weeks following the conclusion of this activity.

► www.nwahec.org

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Mary Brogdon at least five working days prior to the activity by calling 336-713-7757 or emailing mbrogdon@wakehealth.edu.

Registration Form

Opioid Use in Pregnancy: 2018 and Beyond
April 13, 2018

Register online at northwestahec.org

\$90 Registration

Social Security # (last 4 digits only):
** required*

First Name MI Last Degrees (e.g., MD)

Profession Job Title

Home Address City State Zip County

Home Phone Cell Phone

Employer

Employer Address City State Zip County

Employer phone Employer Fax

Email Required:

Preferred Email Home Email Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Three Ways to Register:

- ▶ **Register online** at www.nwahec.org/53193 (Recommended)
- Make check payable** to Wake Forest University Health Sciences and mail with registration form, to:
Wake Forest School of Medicine / NW AHEC
Medical Center Boulevard, Winston-Salem, NC 27157-1060
Attention: Mary Brogdon
or fax to: 336-713-7701
- WFBMC Internal Transfer: 25 digit chartfield**

Please check if needed:

- Vegetarian Meal
- Gluten-free Meal
- Vegan
- Lactation Room

Employer will make payment. Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed)

Signature

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.